



Associate Professor Jon Buckley is the current acting Director of the ATN Centre for Metabolic Fitness. His main research interests are directly aligned with those of the ATN Centre and relate to studying the effects of nutrition and exercise on cardio-metabolic and mental health.

Since completing his PhD in exercise science in 1997, Jon has been successful in winning in excess of \$13m in research funding to study various aspects of nutrition and exercise on human health. His research findings have contributed to the development of patents for a number of new nutritional products and he has worked with government to influence nutrition policy in Australia to improve the health of the food supply.

Jon also has an interest in nutrition and exercise strategies for improving the performance of elite athletes, and has been working with industry and the Institutes of Sport to develop sports nutrition products that can improve athletic performance and to refine testing and training programs for some of Australia's best athletes.